

## **UNEMPLOYED/UNDER-EMPLOYED TRIANGLE RESOURCES INDEX**

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# UNEMPLOYED/UNDER-EMPLOYED TRIANGLE RESOURCES

**1. TRIANGLE UNITED WAY - Information & Referral Service** – 211 or [www2.irissoft.com/tuw1](http://www2.irissoft.com/tuw1) for resources in Durham, Orange & Wake Counties

## 2. EMPLOYMENT ASSISTANCE:

### *Clothing for Interviews:*

**Dorcas Shop** – *Christian Community in Action, 1231 Maynard Rd., Cary 469-1351*

- Free Suit or dress for Interview if unemployed, go through Social Concerns Ministry @ same location.

**Abigail's Closet** - *to support Women's Center - Open Wed – Fri.*

Women's Center 829-3711, or visit the Women's Center at <http://www.wcwc.org/>.

- New consignment store on Hillsborough St. will donate one suit/dress for interviews

**Goodwill Industries-** [www.goodwillenc.org](http://www.goodwillenc.org).

- *Locations:* 1150 W. Williams St. in Apex, (near intersection of Highway 55/64) 362-5630, 220 Kilmayne Road in Cary behind Big Lots on Kildaire Farms Rd. (919) 467-7048.
- Used clothing (men, women & children), furniture, household products... in good condition at very low prices.

**Salvation Army** – [www.keepthebellringing.org](http://www.keepthebellringing.org)

- Clothing Closet – Free clothes every Thursday morning at 8:30 a.m. offered for first 30 people. Need to provide social security card and picture ID.

**Employment Security Commission** – <http://www.ncesc.com/splash.asp>. Go to individual services link to register to look at jobs in your profession, WIA program, unemployment offices, locations ...Local Offices in Raleigh, Cary and Fuquay.

- **WIA Program** - <http://www.ncesc.com/individual/training/trainingmain.asp>. Title I of the Workforce Investment Act (WIA) is a federally funded program that provides services which include employment and training activities for adults and dislocated workers, as well as youth activities. The Employment Security Commission contracts with Local Service Areas to provide these services. WIA contracted services vary according to Local Area. For more information on the Workforce Investment Act (WIA) program, contact the Workforce Development Unit at (919)733-6745, fax (919)733-8130, or E-mail:[curtis.morrow@ncmail.net](mailto:curtis.morrow@ncmail.net), or your nearest local Employment Security Commission office. Check on NCstars to see which institutions provide which educational programs. Need to look at programs offered in the CAPITAL area. <http://www.ncstars.org/>. Go to Public Access link, Search NC Stars program, choose Raleigh, Program Need Key Word, put in key word for type of program you are looking for and look for any institutions that have CAPITAL listed in the ITA Action Calendar.

### *Job Support Groups:*

**Colonial Baptist Job Seekers** – Colonial Baptist Church, 6051 Tryon Road Cary, NC 27511

- Phone: (919) 233-9100 Mondays 8:30 - 11:00 am; Coffee and First Call @ 8:15  
2nd floor, Room 205. Enter Tryon Road Driveway - Park on the right side of the building. <http://www.colonial.org/jobseekers/>
- The purpose of Colonial Jobseekers is to minister to unemployed and underemployed people through Biblically based spiritual encouragement with focus on God's sovereignty and faithfulness during a time transition. To provide a sense of community, accountability, networking and job-search skill development in a confidential and professional environment.

**New Horizons Fellowship 3 R's Support Group** - 820 East Williams St., Apex, NC Wednesdays, 9:00 am, Room 113 • Contact: Jose March, 303-5266, ext. 105

- For the reorganized, re-engineered, remodeled in the workplace. In other words, for those currently out of a job! [http://www.nhf.cc/groups/support\\_groups.htm#3rs](http://www.nhf.cc/groups/support_groups.htm#3rs)

**St. Michael's Career Transition Group** –

- St. Michael's the Archangel Catholic Church - 804 High House Rd., Cary, North Carolina 27513-3507, Parish Office: (919) 468-6100, 7:30 a.m. on Tuesdays in 2<sup>nd</sup> building.
- Support each other through the job seeking process, Provide informal education on how to look for a job, Share ideas, network contacts, and resources, Providing honest feedback to each other to improve our resumes and interview skills, Hold each other accountable to our commitments, Motivate and help maintain a positive attitude. *Meeting Format:* Introductions (30 Second Infomercial), Individual "Go-Rounds" to share, What went well over the past week, Where people encountered difficulties, News concerning companies hiring in the area, Upcoming networking events and job fairs, Educational topic when available (often a guest speaker) *Yahoo E-mail Group-* The Yahoo E-mail Group currently has 400 members. Messages posted to the group are forwarded to the entire group automatically. The Yahoo E-mail Group helps members do the following: Share job opportunities, Share or ask for advice, Get contacts at hiring companies, Share your resume, Check out handouts from previous meetings To join the St. Mikes Yahoo E-mail Group send an e-mail to [st\\_mikes\\_career\\_group\\_subscribe@yahoo.com](mailto:st_mikes_career_group_subscribe@yahoo.com) , To access archived e-mails, post or look at resumes, or look at the handouts from previous meetings go to [St Mikes Career Group](#) . Click on File to see handouts. Job Seekers' BIOs A list of the current Job Seekers' BIOs can be found [here](#) Direct questions about this ministry to: Jim Kunkel at [james\\_kunkel@attglobal.net](mailto:james_kunkel@attglobal.net)

**Employment Search & Support Group** - Covenant Church, 12621 Strickland Rd. Raleigh, NC 27613, every Wednesday 10:00 AM - noon. [www.ccrnc.org](http://www.ccrnc.org)

***Wake Technical College FREE classes for unemployed:***

Contact Mary Brady 851-3895 ([mobrady@waketech.edu](mailto:mobrady@waketech.edu)) for classes available and class dates

- Make Your Resume Talk
- Career Skills
- Financial Survival
- Check extension courses for other classes at BIC (Business Information Center)

***Web Sites for Job Hunting:***

**JOB BOARD WEB SITES:**

- Career Builder - <http://www.careerbuilder.com/index.htm?cbRecursionCnt=1&cbsid=47a2e4200e984a90beeadd4a96e67676-160665342-xi-2>
- Career Site - <http://careersite.com/>
- Monster Job Board - <http://jobsearch.monster.com/>
- RTP Recruiter - <http://www.helpingstine.com/>
- Sales Jobs - <http://www.salesladder.com/>
- Triangle Jobs (includes News & Observer classified job ads) <http://trianglejobs.com/>
- Workforce - <http://workforce.com/>
- Yahoo Jobs - - <http://hotjobs.yahoo.com/>

**RTP & GOV. WEB SITES:**

- Cary Gov. Jobs - <http://www.townofcary.org/depts/jobs/pljobs.htm> -
- NC State Gov. Jobs - <http://www.osp.state.nc.us/jobs/>
- NCSU Jobs - <http://www.osp.state.nc.us/jobs/>
- Raleigh Gov. Jobs -  
[http://www.raleighnc.gov/portal/server.pt/gateway/PTARGS\\_0\\_0\\_306\\_205\\_0\\_43/http:/pt03/dig\\_web\\_content/employment/JOB-Home-Public.html](http://www.raleighnc.gov/portal/server.pt/gateway/PTARGS_0_0_306_205_0_43/http:/pt03/dig_web_content/employment/JOB-Home-Public.html)
- RTP Web Site for RTP Companies:  
[http://www.rtp.org/index.cfm?fuseaction=page&filename=job\\_opportunities.html](http://www.rtp.org/index.cfm?fuseaction=page&filename=job_opportunities.html)
- Wake Co. Gov. Jobs - <http://lnweb03.co.wake.nc.us/EmploymentApplication/code/default.html>

### 3. FINANCIAL/FOOD RESOURCES:

**Benevolence Funds** available to the community:

Many local churches have a benevolence fund. If you are a steady attendee or a member of a church, contact your church to see if they have a benevolence fund and what their process is for applying for those funds.

**Dorcas Shop** – Social Concerns Ministry – Christian Community in Action 469-9861 option 2 for Counselor Hours - 10 a.m. -1 p.m. M - F (sign in by 12:30) Dorcas Shop – thrift shop (same address for both organizations) 1231 Maynard Rd., Cary 469-1351 9 a.m.– 2 p.m. M – F & 10 a.m. – 2 p.m. Sat.

- Dorcas Shop - Free Suit or dress for Interview if unemployed and no income and school clothes for children thru Social Concerns Office. Serves Cary, Morrisville, Apex, Friendship, Holly Springs, New Hill & Willow Spring
- Social Concerns Ministry - Scholarship for childcare if you qualify
- Social Concerns Ministry Emergency relief once a year TO debtor if you are behind in necessity bill (\$ limit varies) Cary, Morrisville, Apex, Friendship, Holly Springs, New Hill & Willow Spring
- Food Pantry – Cary & Morrisville only up to 4 times year in Cary & Morrisville

**Crown Financial Ministries** – Offers financial counseling to churches.

**Salvation Army** – [www.keepthebellringing.org](http://www.keepthebellringing.org)

- *Main Office* – 215 South Person St. - 834-6733
- Co-sponsors for Coats for Children Campaign with WRAL November - January
- Assistance for food, utilities, rent, housing and other needs is determined by need and the availability of resources to meet that need.
- Must work at least 30 hours per week to get financial assistance - \$75 per household per year.
- Clothing Closet – Free clothes every Thursday morning at 8:30 a.m.offered for first 30 people. Need to provide social security card and picture ID.

**Self-Help Credit Union** – [www.self-help.org](http://www.self-help.org) Self-Help is a community development lender that has provided over \$3.8 billion in financing to 40,000 home buyers, small businesses and nonprofits. Self-Help reaches people who are underserved by conventional lenders—particularly minorities, women, rural residents, and low-wealth families—through the support of socially-responsible citizens and institutions across the U.S.

**Urban Ministries** – 834-4707, 9a.m. – 1 p.m. M-F, 840 Semart Dr. Raleigh, NC. Services 1<sup>st</sup> come 1<sup>st</sup> serve. 9 – 11 a.m. once every 3 months.

- Provides Crisis Counseling, up to \$100 per year per household in financial assistance for rent, utilities, and deposits.
- Make Appts. Every Tues. or Thur. morning at 9 a.m. for the Clinic. Urban Ministries can provide assistance in locating additional services such as shelter, mental health or financial help.

**Wake County Human Services**

- **Food Stamps** – contact Raleigh or Fuquay location to determine specific times for appointments. Need to provide at the time of the appointment:
  - o Social Security Card (for you and your child/children), Driver’s license, proof of child support, pay stubs of last pay check or unemployment check or wage letter, Current statement to verify balance and/or interest of checking, savings, credit union, stocks/bonds, trust funds, CD’s, IRA’s, Christmas Club..., Medical bills or receipts
  - o Proof of rent/mortgage, property tax, fire insurance, Telephone Bill, Electric Bill
  - o Gas or Oil Bill (if applicable), Water Bill (if applicable), Wood/Coal Receipt

- Receipt or statement of day care (if applicable), Statement of Anyone who gives you money every month or pays rent to you each month (if applicable)
- Proof of Educational Aid and Tuition and Mandatory fees (if applicable)
- **Energy Assistance** – Apply for energy assistance by calling 212-7000 to set up an appointment. Must have final notice due within 5 days of application, original S.S. card for ALL household members, proof of ALL current income, and picture ID

***Wake Interfaith Hospitality Network - Temporary Housing:***

903 Method Rd Raleigh, NC 27606 (919) 832-6024. Network of approx. 50 churches who take in homeless families 2 week rotating basis. Contact: Sue Marcinko

***Western Wake Crisis Center*** - 101 N. Salem St. Apex, NC 27502, 362-0657

- food available once a month for unemployed/underemployed,
- 1 time per year financial assistance for \$100

***With Love From Jesus*** – 421 Chapanoke Rd. Raleigh, 233-8010, [www.withlovefromjesus.org](http://www.withlovefromjesus.org)

Gives coupons to Mental Health, diapers, furniture, autos, computers, offers food assistance, your home church staff must request financial assistance.

***YMCA*** – 101 YMCA Drive, Cary, NC 27513, 469-9622

- Offers scholarships for under-employed/unemployed people. Must apply in Jan. for next school year.

#### 4. LEGAL AID

*Lawyer Referrals* - 800-662-7660

*Legal Aid* – 919-828-4647

*Carolina Legal Assistance* (no civil issues) - 919-856-2195

#### 5. MEDICAL RESOURCES

*Alliance Medical Ministry* Web Site: <http://www.alliancemedicalministry.org/amm/where.html>

Phone number: 250-3320

- For under-employed who does not have insurance. The Medical Alliance Ministry is only available to people who are **working** (can be part time or full time) and do not have access to insurance.
- The non-profit status they are under will not allow them to provide services to those who are unemployed. They provide MEDICAL and DENTAL services. This would help folks who have an emergency job with no benefits.

*Patient Assistance Medication Program* - <http://www.needymeds.com/> This site is designed to provide information about patient assistance programs which provide no cost prescription medications to eligible participants.

*Wake County Human Services Insurance Assistance* - Pick up application at Human Services in Raleigh or Fuquay, complete application and provide required documents and deliver application back to one of these locations.

- **Medicaid** - Carolina Health Choice if no income (can be for child AND parent)
- **Blue Cross Blue Shield** Carolina Health Choice – Pay \$50 for policy. Only applies to children and administered through Blue Cross/Blue Shield. Can qualify even if employed and making low pay or on unemployment.

*Social Security Long Term Disability Application:*

- Triangle Disability Advocates – Help with application process for Disability/SSI Marcia Cook 673-5695

*Wake Health Services Inc.* – Provides services in Apex, 362-5201, Raleigh 231-3180, 743-3315, and 833-3111, and Fuquay – 557-1110.

- Wake Health Services serves on a sliding scale fee basis is low/no income and no insurance. Need to get application at location and provide additional requested documentation. Takes 3 – 4 weeks for approval. Also accepts Carolina Health Choice programs.

*Urban Ministries* – Free Clinic Services for adults 18 and older. Call 832-0820 for specific clinic times. 840 Semart Dr., Raleigh, NC. Prescription med vouchers up to \$100 per person every 3 months.

## 6. SELLING PERSONAL ITEMS

*E-Bay Auctions* - <http://www.ebay.com/>

*Triangle Trader Web Site* - <http://www.triangletrader.com/classifieds/classifieds.asp> For quality items, you may want to use Triangle Trader – local avenue you can put on web site at a low cost or announce on radio free on Sundays (details below). For items less than \$200, \$2.99 for 7 days; If item has not sold in 7 days, ad can be renewed for up to six more consecutive 7 day sessions for free.  
www.triangletraders.com

*Triangle Trader WPTF Show* - Every Sunday on radio station WPTF-680 a.m. during Ask Your Neighbor to call in and advertise item for sale for free. Sunday: 12:00 PM - 3:00 PM. Another mans' trash could be YOUR treasure when you listen and call-in on the **680 WPTF Triangle Trader!** Each Sunday afternoon from 12-3 PM we open up our phone lines, giving you a chance to sell those unwanted things, or ask the neighbors for help in finding that unusual item. There is no charge to be on the Triangle Trader. Also be sure to check out the [Triangle Trader website](#).

**To participate in the show call:**

860-WPTF (860-9783) (Locally)

1-800-662-7979 (Toll Free)

\*680 (Mobile Phones)

*Yard Sales* - Ask friends/families to give YOU their donations instead of Goodwill and have several yard sales to make money. Just put up signs when you know there will be a pretty day. If there are other yard sales in the area, they will draw people to your yard sale without YOU advertising in the newspaper.

*Yahoo Auctions* - <http://auctions.shopping.yahoo.com/>